

ORARIO CORSI | COURSES TIMETABLE

Ogni settimana dal 01/06/2020 al 04/09/2020
Every week from 01/06/2020 to 04/09/2020

	LUNEDÌ MONDAY	MARTEDÌ TUESDAY	MERCOLEDÌ WEDNESDAY	GIOVEDÌ THURSDAY	VENERDÌ FRIDAY
8:00	Nature Running	Functional Circuit	Nature Running	Functional Circuit	Nature Running
9:00	Stretching	Stretching	Stretching	Stretching	Stretching
9:30					
10:00	Reax Raft	Reax Raft	Reax Raft	Reax Raft	Reax Raft
18:00	Jungle Training		Jungle Training		Jungle Training
19:00					
20:00		Beach Volley Tournament		Beach Tennis Tournament	